

Activity Suggestions

- Learn or share a new hobby
- Help with chores (raking, sweeping, organizing, vacuuming)
- Build something
- Cook/bake
- Crafts and art (knitting, painting, drawing)
- Learn about financial responsibility (budget, saving, tithing)
- Create a funny video together
- Go on a picnic
- Tell stories
- Play games (Uno, Monopoly, Scrabble, Word Chain, Going on a Trip, 20 Questions)
- Work on a puzzle
- Write poetry
- Go for a walk
- Discuss your future career options
- Interview each other
- Explore countries/cities on Google
 - Create a bucket list
- Teach your mentor about technology
- Make a recipe book
- Plan a “Show and Tell”
- Exercise
- Garden
- Read a book
- Listen to a podcast
- Make a family tree
- Sidewalk/driveway chalk
- Create a timeline of your mentor’s life
- Make a vision/life board
- Sing together

Reflection Examples

“I went to visit [mentor name]. First, we talked about how our day went. I told her about school and the test I took. I also told her about my dentist appointment today. I got my teeth cleaned. We shared jokes back and forth and then we had a snack. At the end of our visit, we played Monopoly, and I won! It was so fun.”

“Today I went to visit [mentor’s name]. I helped her with baking some cookies. We made chocolate chip this time. I didn’t know you put salt in them. After they got done, we ate some. Then we played Dominoes, and I won twice.”

“Me and [mentor name], we played tic tac toe. I won two games, and she won some. We had Cheerios out of the box and a drink. She helped me practice spelling for a long time too. She liked the snack I made her.”

“Today me and [mentor’s name] talked about Rosa Parks. She was an American activist during the civil rights movement. She was known for the Montgomery bus boycott. She was also honored as ‘the first lady of civil rights’ and ‘the mother of the freedom movement.’ She had courage.”

“My mentor said she is proud of me for how much better I read now. My writing is also better. I showed her I can now write in cursive.”

“I helped shovel the sidewalk. I fed the cats for [mentor’s name]. We drank hot chocolate and talked about school.”

“[Mentor’s name] and I built a model car. It was so hard to build but very fun. It took the whole time to build it!”

“I went to [mentor’s name] house. I asked if I could help shovel snow in the driveway. She said OKAY, so I started shoveling and then broke the remaining ice with the shovel. I learned that there are good things and bad things about snow coming. I thought my arm was going to fall off when I was done. I had fun though.”

“Today me and [mentor’s name] worked on my crocheting again. She said I was doing good, but I need to work on making it tighter now. I completed almost an entire dish cloth while there! After that, we had a snack together. She had made apple dumplings.”